



Bamboo Massage

What Is It?

An overview of bamboo massage and treatment....

Focussed use of body and posture instead of over exerting the arms and shoulders

Pressure moderation and adaptation

Combination of depth and movement with fluidity

Blend into other massage routines

The utilisation of bamboo sticks allows for deeper and more thorough pressure through long and graceful strokes.

Benefits of hands free massage for clients and therapist

Health and Safety

Design a routine

Plan and deliver a treatment

Pre-entry qualifications required

Recognised Massage Diploma or aromatherapy level 3

If English is not your first language an English language level of International English language testing system 6.5 in all components or equivalent will be required.

The Venue

PH7 Wellbeing Centre,

Churchill House

60 Bank Parade

Burnley

Lancashire

BB11 1TS

When is it on?

See prospectus

What Time?

2 days, one month apart 9.30 a.m. – 4.00 p.m. Including 15 minute Morning and afternoon breaks; 45 minute lunch

How much is it?

£330 per person



Assessment

Practical and theoretical, case studies 3 people minimum 3 treatments each.

Assessment

Practical, theoretical, case study

* Due to the nature of the course students must be prepared to work on each other and have the treatments to gain competence and experience the treatment first hand. Once we are satisfied you are competent we will endeavour to find “clients” to model, as you can appreciate it may sometimes be difficult to find models for everyone therefore we encourage you to find your own models. This would usually be required during the last two days of the course.

As a company committed to maintaining industry standards, working at the highest level of professional practise, attendance on all programmes requires your full consideration for Health and Safety

Nails should be well trimmed. Varnish and gel polish free to ensure it is visible that hands are clean and hygienic.

Hair should be back off the face to avoid cross contamination

Minimum jewellery should be worn to prevent injury

Clean uniform with short sleeves, no leggings

Full, flat shoes to ensure stability whilst working and prevent posture problems.