

Aromatherapy



What is it?

- Practice of Aromatherapy: Applied Aromatherapy (inc. massage and other methods of use), working with other healthcare professionals, referral, treatment planning, therapeutic communication, adaptation of skillslog/case studies and reflective practice
- Theory of Aromatherapy; basic botany, taxonomy and nomenclature, secondary plant metabolism, therapeutic properties of essential oils, contraindications and precautions of external use, plant origins, biosynthesis, methods of production, shelf-life, storage and handling, carrier oil research and use, dilution ratios, patch testing, safety data, purchasing, labelling requirements, environmental considerations, physical and emotional uses of essential oils and knowledge of basic chemistry relevant to safe and informed practice.
- Assess clients needs; Select blend & verify essential oils and carriers for treatment and record selection correctly
- Massage and manipulate soft body tissue to enhance oil absorption and stimulate the natural healing process
- Treat clients with essential oils and oil blends through massage and other methods such as compresses, inhalations and preparing creams/lotions etc. for home use
- Review the effectiveness of aromatherapy programmes with clients and aftercare advice
- Study essential oils/absolutes and carrier media in detail
- Anatomy, physiology and pathology
- Professional Studies Legislation, Conduct & Ethics, Business Studies, Legal framework, Health & Safety, First Aid
- Accounting, Marketing Reflective Practice, the importance of belonging to a professional association, Understanding Research

In addition to the class contact hours you will be required to study a further 600 hours independently.

Due to the nature of the industry and the course, students are expected to be polite, pleasant and enthusiastic. You will have to deal with the public on a daily basis

Pre-entry qualifications required

5 GCSE's grade C or above or equivalent

As a company committed to maintaining industry standards, working at the highest level of professional practise, attendance on all programmes requires your full consideration for Health and Safety
Nails should be well trimmed. Varnish and gel polish free to ensure it is visible that hands are clean and hygienic.

Hair should be back off the face to avoid cross contamination

Minimum jewellery should be worn to prevent injury

Clean uniform with short sleeves, no leggings

Full, flat shoes to ensure stability whilst working and prevent posture problems

academyCP

T: 01706 872094 E: Catherine@academycp.co.uk M: 07808 073840

Aromatherapy Course Information 2019

The Venue

PH7 Wellbeing Centre, Churchill House, 60 Bank Parade, Burnley BB11 1TS

When is it on?

See prospectus

What Time?

5.30 – 8.30 26 weeks

How much is it?

£1,500

£120 for aromatherapy starter kit

Reading list to be advised

£60 Professional Uniform

As we are accredited by Complementary Health Professionals, you will be able to apply for free student membership during the course of your study and have access to discounted student insurance for when you are completing your case studies.

Assessment

Practical and theoretical: Case studies; coursework; assignments; tests

* Due to the nature of the course students must be prepared to work on each other and have the treatments to gain competence and experience the treatment first hand. Once we are satisfied you are competent we will endeavour to find “clients” to model, as you can appreciate it may sometimes be difficult to find models for everyone therefore we encourage you to find your own case studies.

As a company committed to maintaining industry standards, working at the highest level of professional practise, attendance on all programmes requires your full consideration for Health and Safety
Nails should be well trimmed. Varnish and gel polish free to ensure it is visible that hands are clean and hygienic.

Hair should be back off the face to avoid cross contamination

Minimum jewellery should be worn to prevent injury

Clean uniform with short sleeves, no leggings

Full, flat shoes to ensure stability whilst working and prevent posture problems

academyCP

T: 01706 872094 E: Catherine@academycp.co.uk M: 07808 073840

Aromatherapy Course Information 2019