

# Massage Therapy



## What is it?

A professional massage treatment. It includes:

- Professional massage techniques including the use of various massage media and how to take the case; postural assessment; reflective practice and case studies
- Related anatomy, physiology and pathology
- Benefits of Massage both physically and psychologically
- History of Massage
- Theory of Massage Practice; Contraindications and Cautions, benefits of touch, massage strokes, adaptation, aftercare advice, referrals and working with other healthcare professionals
- Health & Safety; Legislation; Client care; Hygiene principles
- Business, Professional and Ethical Studies
- First Aid
- Principles of Good Practice

In addition to the class contact hours you will be required to study a further 370 hours independently.

## Pre-entry qualifications required

5 GCSE's grade C or above or equivalent

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Due to the nature of the industry and the course, students are expected to be polite, pleasant and enthusiastic. You will have to deal with the public on a daily basis

1. Minimum age of 18 years at the commencement of training, but a pathway for students between the ages of 16-18 years to certificate level (assistant level) will be provided General Council for Massage Therapists

If English is not your first language an English language level of International English language testing system 6.5 in all components or equivalent will be required.

## The Venue

Churchill House, 60 Bank Parade, Burnley BB11 1TS

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As a company committed to maintaining industry standards, working at the highest level of professional practise, attendance on all programmes requires your full consideration for Health and Safety  
Nails should be well trimmed. Varnish and gel polish free to ensure it is visible that hands are clean and hygienic.

Hair should be back off the face to avoid cross contamination

Minimum jewellery should be worn to prevent injury

Clean uniform with short sleeves, no leggings

Full, flat shoes to ensure stability whilst working and prevent posture problems

academyCP

T: 01706 872094 E: Catherine@academycp.co.uk M: 07808 073840

**When is it on?**

See prospectus

**What Time?**

5.30 – 8.30 35 weeks

**How much is it?**

£1600

£30 Level 3 text book to be advised

£60 Professional Uniform

**As this course is accredited by Complementary Health Professionals, you will be eligible to apply for free student membership during your course of study. This will give you many benefits of membership including access to discounted student insurance for when completing your case studies.**

**Assessment**

Practical and theoretical: Case studies; coursework; assignments; tests

To secure your place on the course return the enrolment form with your £50 non returnable deposit

\* Due to the nature of the course students must be prepared to work on each other and have the treatments to gain competence and experience the treatment first hand. Once we are satisfied you are competent we will endeavour to find “clients” to model, as you can appreciate it may sometimes be difficult to find models for everyone therefore we encourage you to find your own case studies.

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