

On Site Massage



What is it?

A two day intensive training course covers everything you need to know in order for you to:-

- Carry out an effective on site massage
- Focussed use of body and posture instead of over exerting the arms and shoulders
- Pressure moderation and adaptation
- Combination of depth and movement with fluidity
- Blend into other massage routines
- Health and Safety
- Design a routine
- Plan and deliver a treatment
- Contra Indications and contra actions
- Consider emotional effects and overall wellbeing
- Related anatomy and physiology
- Demonstrate Health & Safety and professional ethics

Pre-entry qualifications required

Recognised Qualification in Therapeutic Massage with related anatomy & physiology, Level 3 or Aromatherapy Level 3

The Venue

PH7 Wellbeing Centre, Churchill House, 60 Bank Parade, Burnley BB11 1TS

When is it on?

See prospectus

What Time?

9.30 a.m. – 4.30 p.m. Including 15 minute morning and afternoon breaks; 45 minute lunch

How much is it?

£290 for a two day programme

As a company committed to maintaining industry standards, working at the highest level of professional practise, attendance on all programmes requires your full consideration for Health and Safety
Nails should be well trimmed. Varnish and gel polish free to ensure it is visible that hands are clean and hygienic.

Hair should be back off the face to avoid cross contamination

Minimum jewellery should be worn to prevent injury

Clean uniform with short sleeves, no leggings

Full, flat shoes to ensure stability whilst working and prevent posture problems

T: 01706 872094 E: Catherine@academycp.co.uk M: 07808073840

Assessment

Practical, theoretical, case study three people with a minimum of three treatments each.

* Due to the nature of the course students must be prepared to work on each other and have the treatments to gain competence and experience the treatment first hand. Once we are satisfied you are competent we will endeavour to find “clients” to model, as you can appreciate it may sometimes be difficult to find models for everyone therefore we encourage you to find your own models.

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