

Treatments

This winter we're connecting the body and mind to the elements for respite from ...

Appetizers 25 mins £28

Facial

Back Massage

Main One hour £45

Facial

Provides a deep infusion of bioactive natural ingredients essential oils chosen to compliment your specific skin type. Whether signs of ageing are becoming more prevalent or skin is congested and oily or red and sensitive, we have a treatment to detoxify, smooth and filtrate to improve your skin whatever the concern. Includes steam hydration, massage, mask, moisturise and prescription to deep cleanse, balance and restore.

We recommend a facial once a week for four consecutive weeks to soothe, clear, rehydrate, restore and replenish. We then advise a facial once a month to maintain your fantastic results.

Immediately after an apothecaryCP facial your skin will look and feel fresher, softer to touch and rejuvenated. Your skin will take on a brighter more replenished look with reduced fine lines, spots and blemishes.

Massage

An ancient therapy. Increases blood and lymphatic flow, relieves muscular tension, promotes a sense of wellbeing and relaxation. Select a full body or back massage- the choice is yours.

Reflexology

Complementary therapy that is based on the theory that different points and areas on the feet, correspond with different areas of the body. Reflexology is an ancient therapy and we believe that working these points or areas can help aid relaxation, improve mood, release tension, enhance sleep and can generally help improve wellbeing; allowing us to cope better with the stresses that life can bring.

Returning to nature in the beautiful Rossendale hills

Catherine

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